

THIS POSTER TELLS YOU ABOUT SOME INFECTIONS YOU MIGHT GET AROUND YOUR SEX ORGANS OR YOUR BLADDER. OFTEN INFECTIONS ARE PASSED ON THROUGH CLOSE SEXUAL CONTACT-BUT SOME CAN HAPPEN FOR OTHER REASONS. IF YOU NOTICE—ITCHINESS ROUND YOUR SEX ORGANS- A DISCHARGE FROM THEM WHICH LOOKS OR SMELLS UNUSUAL- A PAIN WHEN YOU URINATE- GO TO THE SPECIAL CLINIC FOR HELP.

### Thrush candidiasis, monilia

symptoms- THICK CREAMY DISCHARGE, YOUR VAGINA MIGHT BE VERY ITCHY.

cause- A TYPE OF FUNGUS, A YEAST.

how you get it- YEAST OFTEN LIVES IN YOUR VAGINA, IT SEEMS TO GROW MORE UNDER CERTAIN CONDITIONS eg. WHEN YOU'RE TAKING THE PILL OR ANTIBIOTICS. ALSO YOU MIGHT GET IT FROM SEXUAL CONTACT- THRUSH CAN LIVE UNDER THE FORESKIN OF THE PENIS.

treatment- PESSARIES AND CREAM.

### N.S.U. non specific urthritis

symptoms- A DISCHARGE; PAIN WHEN YOU URINATE.

cause- SOMETIMES AN ORGANISM CALLED CHLAMYDIA; THERE ARE OTHER CAUSES TOO.

how you get it- CLOSE SEXUAL CONTACT. WOMEN DON'T USUALLY HAVE SYMPTOMS BUT MAY PASS THE INFECTION ON.

treatment- ANTIBIOTICS.

### Gonorrhoea the clap, a dose

symptoms- DISCHARGE AND PAIN WHEN YOU URINATE. SOMETIMES IRRITATION AND DISCHARGE FROM YOUR ANUS. THESE FIRST SYMPTOMS APPEAR 3 DAYS-3 WEEKS AFTER SEXUAL CONTACT. MEN USUALLY [BUT NOT ALWAYS] GET SYMPTOMS, BUT MANY WOMEN HAVE NO SYMPTOMS. IF YOU DON'T GET TREATMENT, THE INFECTION MIGHT SPREAD TO YOUR WOMB AND TUBES, IT MIGHT MAKE YOU STERILE.

cause- BACTERIA CALLED GONOCOCCI

how you get it- CLOSE SEXUAL CONTACT

treatment-ANTIBIOTICS

### Trichomoniasis

TV, trich, trikes

symptoms- A YELLOW DISCHARGE WITH A BAD SMELL

cause- AN ORGANISM CALLED TRICHOMONIASIS.

how you get it- CLOSE SEXUAL CONTACT. MEN DON'T USUALLY HAVE SYMPTOMS BUT MAY PASS THE INFECTION ON SOMETIMES YOU CAN GET IT FROM TOWELS ETC.

treatment- ANTIBIOTICS

### Genital Warts

symptoms- WARTS ON OR NEAR YOUR SEX ORGANS; THEY MAY ITCH. YOU GET THEM 1-9 MONTHS AFTER INFECTION.

cause- A VIRUS LIKE THE ONE WHICH CAUSES WARTS ON OTHER PARTS OF YOUR BODY.

how you get it- CLOSE SEXUAL CONTACT. CAN ALSO SPREAD FROM ORDINARY WARTS ON YOUR BODY

treatment- OINTMENT: SOMETIMES A CHEMICAL PAINTED ON: OR THE WARTS ARE 'FROZEN' OFF.

### Herpes

symptoms- PAINFUL ITCHY BLISTERS ON OR NEAR YOUR SEX ORGANS, 2-10 DAYS AFTER SEXUAL CONTACT SOMETIMES TINGLING IN THE LEGS AND RUN-DOWN FEELING.

cause- A VIRUS CALLED HERPES 2; OR SOMETIMES HERPES 1 (WHICH CAUSES COLD SORES)

how you get it- CLOSE SEXUAL CONTACT.

treatment- SORENESS CAN BE HELPED BY PAINKILLERS, OINTMENT, HERBS AND DIET OUTBREAKS OF SORES CAN BE LESSENER BUT NOT COMPLETELY CURED

### Syphilis pox

symptoms- A PAINLESS SORE ON OR NEAR YOUR SEX ORGANS (YOU MAY NOT SEE THIS IF IT IS INSIDE YOU) APPEARING 10 DAYS TO 3 MONTHS AFTER SEXUAL CONTACT- USUALLY 3-4 WEEKS. IF YOU DON'T GET TREATMENT YOU MAY GET A RASH ON YOUR BODY WHICH DOESN'T ITCH. MUCH LATER ON (AFTER 5 YEARS OR SO) YOU COULD GET SERIOUS DAMAGE TO YOUR HEART, EYES, EARS AND CENTRAL NERVOUS SYSTEM

cause- BACTERIA CALLED SPIROCHETE

how you get it- CLOSE SEXUAL CONTACT

treatment- ANTIBIOTICS

### Crabs pubic lice, nits

symptoms- ITCHING IN YOUR PUBIC HAIR, EYEBROWS OR ARMPITS

cause- TINY INSECTS SIMILAR TO HEAD LICE.

how you get it- CLOSE SEXUAL CONTACT, OR FROM BEDDING, TOWELS ETC

treatment- POWDER AND SHAMPOO FROM THE CHEMIST OR FROM THE SPECIAL CLINIC.

### A.I.D.S. Anti Immuno Deficiency Syndrome

VERY LITTLE IS KNOWN ABOUT ITS CAUSE AND HOW IT IS TRANSMITTED.

symptoms- SUDDEN WEIGHT LOSS, PERSISTENT SWOLLEN GLANDS, SLIGHT FEVERS, DRY COUGH, AND DIARRHOEA what happens- THE BODY'S IMMUNE SYSTEM BREAKS DOWN LEAVING IT DEFENCELESS AGAINST ANY INFECTIONS WHICH PROVE FATAL.

most at risk- ARE GAY/BISEXUAL MEN, INTRAVENOUS DRUG USERS, HAEMOPHILIACS ALL OF THE SYMPTOMS ARE VERY VAQUE, SO THERE HAS BEEN A LOT OF SCARE-MONGERING. DON'T PANIC IF YOU THINK YOU HAVE IT- SEE A DOCTOR IMMEDIATELY [20-5-83 15 KNOWN CASES IN THE U.K.]

### Cystitis

symptoms- FEELING YOU NEED TO GO TO THE TOILET VERY OFTEN. PAIN AND A BURNING SENSATION WHEN YOU GO cause- INFECTION OR INFLAMMATION OF YOUR BLADDER.

how you get it- CAN BE CAUSED BY MANY INFECTIONS AND ILLNESSES MAY HAPPEN AFTER SEX.

treatment- AS SOON AS IT STARTS DRINK LOTS OF WATER. TAKE 1 TEASPOON OF BICARBONATE OF SODA EVERY HOUR FOR THREE HOURS. WASH YOUR SEX ORGANS (NOT USING SOAP) AFTER GOING TO THE TOILET. GO TO THE SPECIAL CLINIC IF IT GOES ON- YOU MAY NEED ANTIBIOTICS



Sexually transmitted infections can spread quickly to lots of people unless someone goes to the clinic and breaks the chain - by getting cured and telling the other people involved. Some infections are annoying, others can be dangerous - so it's very important to go to the clinic. Treatment is free, and simple - usually tablets or injections. There will be a clinic near you - look in the phone book under 'Venereal diseases'. Don't feel bad about having caught a sexually transmitted infection - you could just as easily have caught flu. Don't worry - Go to the clinic - Tell your partner.