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Home and Family Life

Responsibility of Christians

As family life educators we need to promote the Christian way of life in the family, in the families of the community and the institutions affecting the family, by servicing, educating and representing the family. This should be our mission. If we accept this mission, we will support it with our time, talent, and money.



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My burden is heavy yet light

- *Matthew 11:28-30*

"Come to me, all you who are weary and
burdened, and I will give you rest. Take



**The Hungry, Thirsty, Naked, Frustrated
and Homeless.**

my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."

Fellowship:

How to promote good Christian family life relationships in our families:

The special focus should be on:
Special needs for families:

(Jesus feeds the four thousand, Matthew 15:29-39)

1. Balanced diet of food for full physical development.
2. Sharing whatever we have with all members, eg. water, food, education, land, clothes, skills etc.
3. A way to understand each other's needs is by effective communication.
4. Responsibility comes with learning ... Working together in seminars, workshops and leadership courses.
Workshops should be designed in such a manner that an opening for adult education is provided.

God's creation

(Genesis 1:24, Genesis 2: 1-24 and Galatians 6:2.)

We say man was created in the image of God. I refuse to imagine a God who is miserable, poor, thirsty, hungry, ignorant, superstitious, fearful, oppressed and wretched — which is the lot of the majority of those He created in His own image.. These things cannot continue!

We, as Christian mothers should discover and identify ourselves with groups of people that suffer because of unjust situations and who have no way of making themselves heard. The onus is on us to discover those groups and identify with them. That is the modern way of the Cross, the way of Christian responsibility.



Serving one's neighbour

Who is my Neighbour?

Luke 10:25-37

Take the story of the lawyer who tempted Jesus: Note the story of the Good Samaritan or those who passed by. We time and again come face to face with similar situations but we never realize it. We neglect our duties. We come into contact with our neighbours who need our help and we do nothing to alleviate the pain and suffering. We have to practice justice in order to live peacefully with ourselves and our neighbours.

How can we practice justice?

We should bear in mind that our choices today influence our lives tomorrow. Many things need to be improved. The search for justice, which is the search for an ever more human way of living requires constant dialogue and responsible action. Many people do not know what they can do to help. They think that the problems are too big for them to do anything about. Is there anything too big for a parent to handle especially a mother? Many people accept things as they are and matters do not improve.

Change

What can we do?

How can we change our situation?

We must first try to understand how things are, secondly consider how they could be, and lastly do something to make things better at home, in the community and in the country in which we live. In other words, we must *analyse*, *compare* and *change*. Each one of us should know that there is no human freedom and dignity in passively sitting and accepting things that we ~~decide~~ need to be changed.

We need to learn why things are as they are (we *analyse*).

We need to share our ideas and experiences with each other, and consider how things can be improved (we *compare*). We need to take our share in making decisions and acting to change what needs to be changed (we *change*), then a better future is assured.

At the end of each day take stock of the part you have played to help make a better home, community and country. If you have played your part well, then you are worthy to be called a Christian.

Ethel Mbalula

Women's work.