

24 November 1970

The Commanding Officer,
Robert Island.

Attention: Medical Officer

I should be pleased if you would kindly reconsider your decision rejecting my application for leave to order 4 lbs of honey per month on health grounds.

I have been shown your comment on my previous application in which you stated that I did not need the honey requested. You will recall that I had earlier shown you a pamphlet of the S.A.B.C. which contained an address by Dr Mellish. I drew your attention to some paragraphs but missed the crucial statement contained in page 5 thereof which I am anxious that you should read.

A perusal of my medical report will reveal that although I have been put on treatment with a higher potency, and although the rising of the pressure has been halted, it is far from being normalised. In re-examining the whole question, I ask you to bear in mind that applications of this nature raise not only medical issues, but also those of psychology, etc. I trust that you will give me an opportunity to discuss the matter again with you again if you consider this second application inadequate for the purpose of urging you to reconsider your decision.

NRMlamela

NELSON MANDELALA

O.C.

The treatment he is on is the best that modern medicine can provide. Honey is not a therapeutic substance for hypertension. I therefore refer you to my previous comment on this matter. I am prepared to see Mandela at any time to recheck his blood pressure. *Randall*

Hierin is een brief van mij
die doorheen is.

Wet / 24 Desember 1970 ~~28/12/70~~
Lening, nigegebene in
Reel de met sy vandaan
myn in een van die
Hoof bronsaars van der 12de
Hospitaal, of stas was in
Robben - Filmer. Mar 12. Die
myn in een van die
29/12/70.

Ek sal dit hoog op frys stel as in die
twee aangehegte briewe aan die aandaag van die
geneesker sal bring.

Ek het alreeds die aangeleentheid van die my
aansoek in treuning met u betreek.

Namkandela:

Nehson Mandela: 466/64

Op Bev. Ek is nie familie van.

die Donder nie Ek het al. herhaalde.
Kene nie kom gese by mag nie
in brief aan my dussert nie ek is
aat. nie die Bp nie.

Quat. Hoop.

Ho. Die Bp. se nota op aawaak.
nie a goedkeuring aawak.

28/12/70